



SO! THIS MONTH



THE BEGGARS' BANQUET

2 COURSES FOR £10.95 | 3 COURSES FOR £12.95

AVAILABLE MONDAY TO FRIDAY 12 TO 6.30PM*

TO START

BOMBAY BALLS (veg, gf)
spiced indian potato dumplings deep fried in a crispy shell and served with a mint dressing, masala ketchup and crisp salad.

KOREAN BITES (gf)
smoked haddock bites served with pickled salad, coriander and korean BBQ sauce.

SO! GARLIC FOR ONE (v)
our melted garlic butter served with a mix of warm bread to dip in.

TERIYAKI SKEWER (nuts, gf)
sticky teriyaki skewers with sesame and served with a spicy oriental salad.

HUMMUS & PICKLED VEG TOAST (veg, gfor)
garlic rubbed toasted bruschetta topped with hummus, crisp apple salad, pickled veg and basil dressing.

SUMMER VEGETABLE SOUP (veg, gfor)
thick warming soup of summer vegetables, topped with toasted pine nuts and basil, served with bread.

MAIN PLATES

STEAK & FRITES (gf) (£1 SURCHARGE)
6oz rump steak with grilled cherry tomato skewer, onion rings and fries. add pepper corn sauce or gravy for 75p.

BUTTERMILK CHICKEN (gf)
chicken breast marinated in buttermilk and coated in our secret spice blend served with fries, cajun corn and our BBQ sauce.

SPICED BEAN STEW (veg, gf)
a spiced bean stew topped with crispy fried butternut, tahini dressing and hand cut tortillas.

GRILLED BAJAN GAMMON (gf)
grilled gammon steak served with grilled cajun corn, american style home fries and a BBQ'd pineapple relish.

CLASSIC BURGER (gfor)
our classic homemade 6oz beef burger in a pretzel style bun, with crisp iceberg tomato and onion, served with fries and coleslaw. add cheese and / or bacon for 75p each.

CRISPY HAKE (gf)
pan fried a crispy fried hake with tartare style dressing and a crushed new potato and pea stir fry.

CRISPY CHICKEN PAPRIKASH (gf)
crispy crumbed chicken skewers, roast pepper bubble and squeak, pickled vegetables paprikash style sauce and herb crème fraiche.

PUDS

DOUGHNUTS & DIP (v)
mini doughnuts served with chocolate sauce and vanilla ice cream

STICKY TOFFEE PUDDING (v, gf)
a true british classic, rich toffee sponge drenched in toffee sauce and served with local vanilla ice cream.

v - vegetarian, veg - vegan, gf - gluten free, gfor - gluten free on request, n - contains nuts, * excludes bank holidays

NOT AROUND FOR LONG...

A collection of creations by our chefs for your enjoyment this month

- BRITISH CHARCUTERIE** (G.FOR)
a selection of classic style british cured meats, pickled veg, olives, bread and chilli jam.
- £6.95 FOR ONE, £11.95 SHARER FOR TWO
- TERIYAKI SKEWERS** (NUTS, GF)..... £5.50
sticky teriyaki skewers with sesame and served with a spicy oriental salad.
 - HUMMUS & PICKLED VEG TOAST** (VEG, GFOR)..... £4.95
classic bruschetta topped with hummus, crisp apple salad, pickled veg and basil dressing.
 - SUMMER VEGETABLE SOUP** (VEG, GFOR)..... £4.95
thick warming soup topped with toasted pine nuts, basil and served with bread
 - KOREAN SMOKED HADDOCK BITES** (GF)..... £5.50
crispy smoked haddock bites served with pickled salad, coriander and korean BBQ sauce.
 - SPICED BEAN STEW & SQUASH** (VEG, GF)..... £10.95
a spiced bean stew topped with crispy fried butternut, tahini dressing and hand cut tortillas.
 - CRISPY CHICKEN PAPRIKASH** (GF)..... £11.95
crispy crumbed chicken skewers, roast pepper bubble and squeak, pickled vegetables paprikash style sauce and herb crème fraiche.
 - HAKE & CHORIZO** (GF)..... £11.95
a rich bean and chorizo stew, topped with grilled hake and finished with a herb soured cream.
 - GRILLED BAJAN GAMMON** (GF)..... £10.95
grilled gammon steak served with grilled cajun corn, american style home fries and a BBQ'd pineapple relish.

GINTANICALS



SPECIALLY CREATED PREMIUM GIN AND TONIC SERVES, WITH ADDED AROMAS AND BOTANICALS TO OFFER SOME POST CHRISTMAS BOOSTERS

IMMUNE BOOST G&T (under 140 calories) .. £5.95

Tanqueray gin, matcha tea, blueberries, pomegranate, elder flower tonic.

ENERGY BOOST G&T (under 99 calories) .. £5.95

Ginger Ninja gin, sparkling kombucha tea, soda, apple, rhubarb and ginger.

DETOX G&T (under 99 calories) .. £5.95

Tanqueray gin, tulsi tea, basil, pink grapefruit and light tonic.

DE STRESS G&T (under 140 calories) .. £5.95

Sevilla gin, earl grey tea, rosemary, thyme, orange peel and mediterranean tonic

Ketel One 73 CALORIES
BOTANICAL

VODKA DISTILLED WITH REAL BOTANICALS AND INFUSED WITH NATURAL FRUIT ESSENCES. SERVED LONG OVER ICE WITH FRUIT AND SODA



£2.95