

# SMALL PLATES TO SHARE [ GREAT AS STARTERS OR HAVE A MIX TO SHARE ]

<b>OLIVES</b> (N,GF), FRESH GREEN OLIVES MARINATED IN HERBS	<b>.£3.25</b>
<b>SPICED NUTS</b> (N,GF), HOMEMADE SPICED NUTS WITH A SWEET AND SPICY COATING	<b>.£3.25</b>
<b>HUMMUS &amp; PERI</b> (N,GFOR), FRESH HUMMUS, CORRIANDER, PERI DRIZZLE, PITTA AND CRISP TORTILLA	<b>.£4.95</b>
<b>BREADS &amp; DRIZZLES</b> (N,GFOR), SELECTION OF BREADS, OIL, BALSAMIC, PERI AND BOMBAY MIX	<b>.£4.95</b>
<b>PERSIAN TOASTIE</b> (GF), TOASTED TORTILLA FILLED WITH SPINACH, TOMATO,OLIVES, HUMMUS, VEGAN CHEESE	<b>.£5.95</b>
<b>VEGAN WINGS</b> (GF), CRISPY CAULIFLOWER PIECES, BUFFALO SAUCE, MINTED SOY YOGHURT	<b>.£5.95</b>
<b>INDIAN TATER TOTS</b> (veg), CRISPY POTATO, CHILLI, CORRIANDER, PICKLED ONION, YOGHURT, MASALA KETCHUP	<b>.£4.95</b>
<b>LOADED FRIES</b> (GF), CRISPY FRIES, VEGAN BACON SPICE, LAYERED WITH VEGAN CHEESE, JALAPENO, BBQ SAUCE	<b>.£4.95</b>
<b>KOREAN MUSHROOM BALLS</b> (GF), CRISPY COATED MUSHROOMS IN KOREAN SAUCE, CORIANDER	<b>.£4.95</b>
<b>LOADED NACHOS</b> (GF), TORTILLA CHIPS, VEGAN CHEESE, SALSA, GUACAMOLE, JALAPENO, RED ONION	<b>.£6.95</b>
<b>SPICED MOROCCAN SOUP</b> (GFOR), TOMATO, SMOKED PAPRIKA, CHICKPEAS, HERBS, GARLIC DRESSING	<b>.£5.50</b>
<b>S&amp;P TEMPEH FRIES</b> (GF), TEMPEH FRIES, SALT AND PEPPER COATING, HOT & STICKY SAUCE CORRIANDER	<b>.£5.50</b>



# SO! VEGAN

## A COLLECTION OF VEGAN DISHES

## BURGERS AND SARNIES

<b>BACUN CHEASEBURGER</b> (GFOR).....£10.95
GRILLED SMOKED TEMPEH TOPPED WITH VEGAN CHEESE, MAGIC VEGAN BACON KETCHUP, DILL PICKLES, TOMATO, ONION, LETTUCE AND AMERICAN MUSTARD
<b>NACHO LIBRE</b> (GFOR).....£10.50
MEX CRUMBED MUSHROOM, VEGAN CHEESE, SALSA, GUACAMOLE, JALAPENO, ONION RINGS, PICKLE AND ICEBERG. SERVED WITH FRIES.
<b>KOREAN BURGER</b> (GFOR).....£10.95
SPICED CRISPY TEMPEH PATTY, KOREAN BBQ, PINEAPPLE, PICKLED ASIAN SLAW AND VEGAN MAYO.
<b>BOLLYWOOD BURRITO</b> (N,GF).....£8.95
CHICKPEAS, PICKLED ONION, CAULIFLOWER, SPICED POTATO, CORIANDER, MINT DRESSING, CHILLI JAM AND BOMBAY MIX. WITH FRIES.
<b>THE GREEK</b> (GF).....£8.95
HUMMUS, RED PEPPER, VEGAN CHEESE, APPLE, SPICED CHICKPEAS, MIXED LEAF SALAD PICKLED ONION AND A MINT DRESSING

## PUDS

<b>ICE CREAM &amp; BERRIES</b> (GF).....£5.50
A RICH VANILLA SOYA ICE CREAM DRESSED WITH BERRIES & COULIS.
<b>CHOCY CLEMENTINE TART</b> (N,GF)£5.50
A RICH CHOCOLATE BROWNIE BASE WITH A CLEMENTINE FLAVOURED DARK CHOCOLATE GANACHE AND ORANGE SORBET.

## MAIN PLATES

<b>THAI RED CURRY</b> (GF).....£8.95
PIECES OF TEMPEH COOKED IN A CLASSIC THAI RED CURRY WITH BROCCOLI AND SPINACH. SERVED WITH HERB RICE.
<b>VEGAN "FISH" AND CHIPS</b> (GF).....£10.95
BRINED BANANA BLOSSOMS DEEP FRIED IN GOLDEN BATTER SERVED WITH MUSHY PEAS AND HAND CUT CHIPS.
<b>ROASTED CAULIFLOWER</b> (GF).....£8.95
PAN ROASTED CAULIFLOWER STEAK, CRUSHED HERBED POTATO, SPINACH AND LEMON AND HERB PAN JUS
<b>TEMPURA SKEWERS</b> (GF).....£9.50
TEMPURA MUSHROOM & VEGETABLE SKEWERS DRIZZLED WITH A STICKY SPICY KOREAN BBQ SAUCE WITH AN ASIAN RICE NOODLE SALAD

## SALAD BOWLS

[ ADD A TOPPING OF YOUR CHOICE ]

<b>SUCCOTASH</b> (GF).....£9.75
CHARRED CORN, TOMATO, CUCUMBER, RED ONION, PEAS, HERBS JALAPENO
<b>INDIAN PULSE SALAD</b> (GF).....£9.75
AN INDIAN INSPIRED SALAD OF RICE, CHICKPEAS, CAULIFLOWER, CARROT, SPINACH, SPRING ONION, HERBS, TOMATO, CHAAT MASALA AND TAHINI DRESSING.

### ADD YOUR FAVOURITE TOPPING:

BBQ TEMPEH STRIPS (VEG) OR MEXICAN CRUMBED MUSHROOM (VEG),

(GF) - GLUTEN FREE, (GFOR) - GLUTEN FREE ON REQUEST, (N) CONTAINS NUTS