

SMALL PLATES TO SHARE [GREAT AS STARTERS OR HAVE A MIX TO SHARE]

OLIVES (N,GF) , FRESH GREEN OLIVES MARINATED IN HERBS	£2.95
SPICED NUTS (N,GF) , HOMEMADE SPICED NUTS WITH A SWEET AND SPICY COATING	£2.95
TRIO OF HUMMUS (N,GFOR) , BASIL, PERI AND INDIAN HUMMUS, WITH PITA AND CRISP TORTILLA	£5.50
BREADS & DRIZZLES (N,GFOR) , SELECTION OF BREADS, OIL, BALSAMIC, PERI AND BOMBAY MIX	£4.95
PERSIAN TOASTIE (GF) , TOASTED TORTILLA FILLED WITH SPINACH, TOMATO, OLIVES, HUMMUS, VEGAN CHEESE	£5.95
VEGAN WINGS (GF) , CRISPY CAULIFLOWER PIECES, BUFFALO SAUCE, MINTED SOY YOGHURT	£5.95
BOMBAY BALLS (GF) , CRISPY COATED SPICED POTATO BALLS, SALAD, SOY YOGHURT, MASALA KETCHUP	£4.95
LOADED FRIES (GF) , CRISPY FRIES, LAYERED WITH VEGAN CHEESE, JALAPENO, BBQ SAUCE	£3.95
KOREAN MUSHROOM BALLS (GF) , CRISPY COATED MUSHROOMS IN KOREAN SAUCE, CORIANDER	£4.95
CARROT & TURMERIC SOUP (GFOR) , ROAST CARROT, TURMERIC, TAHINI, CHICKPEAS, WARM BREAD	£4.95
LOADED NACHOS (GF) , TORTILLA CHIPS, VEGAN CHEESE, SALSA, GUACAMOLE, JALAPENO, RED ONION	£6.95
THAI TOFU CAKES (GF) , THAI STYLE SMALL TOFU CAKES, ASIAN DIPPING SAUCE SALAD	£5.50

SO! VEGAN MENU



BURGERS AND SARNIES

MUMBAI BURGER (N,GFOR).....**£8.95**

CRISPY SPICED POTATO PATTY WITH SPINACH, SPICED ONION, MINT YOGHURT, MASALA CHUTNEY AND BOMBAY MIX. SERVED WITH FRIES & FRESH SLAW.

NACHO LIBRE (GFOR).....**£9.50**

MEX CRUMBED MUSHROOM, VEGAN CHEESE, SALSA, GUACAMOLE, JALAPENO, ONION RINGS, PICKLE AND ICEBERG. SERVED WITH FRIES AND FRESH SLAW.

CHIP BUTTY BURGER (GFOR).....**£9.95**

SPICED BEETROOT & CARROT PATTY TOPPED WITH INDIAN CHAAT MASALA CHIPS, VEGAN CHEESE, TOMATO CHUTNEY, ICEBERG AND MINT YOGHURT. SERVED WITH FRESH SLAW AND MORE CHAAT MASALA FRIES.

BOLLYWOOD BURRITO (N,GF).....**£8.25**

CHICKPEAS, PICKLED ONION, CAULIFLOWER, SPICED POTATO, CORIANDER, MINT DRESSING, MASALA KETCHUP AND BOMBAY MIX. WITH FRIES & FRESH SLAW.

'BHP' WRAP (GF).....**£8.95**

PICKLED BEETROOT, HUMMUS, ROAST PEPPER, VEGAN CHEESE, APPLE, TAHINI TOSSED CHICKPEAS, CRISP RED CABBAGE SALAD AND A MINT DRESSING

INDIAN CHIP BUTTY (GF).....**£8.95**

HAND CUT CHIPS TOSSED WITH CHAAT MASALA, JALAPENO, RED ONION, SPICES AND CORRIANDER. WITH VEGAN CHEESE AND SPICED INDIAN TOMATO CHUTNEY. SERVED WITH SIDE SALAD

PUDS

APPLE & PLUM TART (N,GF).....**£5.50**

APPLE AND PLUM TART SERVED WITH BERRY COULIS AND VANILLA ICE CREAM.

ICE CREAM & BERRIES (GF).....**£4.95**

A RICH VANILLA SOYA ICE CREAM DRESSED WITH BERRIES & COULIS.

CHOCY CLEMENTINE TART (N,GF)**£5.50**

A RICH CHOCOLATE BROWNIE BASE WITH A CLEMENTINE FLAVOURED DARK CHOCOLATE GANACHE AND ORANGE SORBET.

(GF) - GLUTEN FREE, (GFOR) - GLUTEN FREE ON REQUEST, (N) CONTAINS NUTS

MAIN PLATES

ROOT VEG TACO (GF).....**£8.95**

BEETROOT AND CARROT FALAFEL, BLACK BEANS, SALSA, GUACAMOLE, CRISP LEAF, TANGY LEMON & HERB DRESSING. SERVED WITH CORRIANDER RICE AND QUINOA.

VEGAN "FISH" AND CHIPS (GF)....**£10.95**

BRINED BANANA BLOSSOMS DEEP FRIED IN GOLDEN BATTER SERVED WITH MUSHY PEAS AND HAND CUT CHIPS.

GOCHUJANG CELERIAC (VEG, GF)....**£8.95**

GOUCHAJANG GLAZED ROAST CELERIAC STEAKS, SERVED ON BLACK BEANS WITH A CRISP SALAD AND TORTILLA.

SPINACH, ALMOND PASTA (N,VEG) **£8.95**

FRESHLY COOKED VEGAN PASTA TOSSED WITH A LEMON HERB AND TAHINI SAUCE, WITH SPINACH AND TOASTED ALMONDS.

SALAD BOWLS

[ADD A TOPPING OF YOUR CHOICE]

QUINOA TABBOULEH (VEG+).....**£9.50**

QUINOA, CHERRY TOMATOES, CUCUMBER, RED ONION, LASHINGS OF MINT, PARSLEY AND CORRIANDER. WITH LEMON DRESSING.

INDIAN PULSE SALAD (VEG+).....**£9.50**

AN INDIAN INSPIRED SALAD OF RICE, CHICKPEAS, CAULIFLOWER, CARROT, SPINACH, SPRING ONION, HERBS, TOMATO, CHAAT MASALA AND TAHINI DRESSING.

SUPERFOOD SLAW (N, VEG+).....**£9.50**

SHREDDED KALE, SHAVED FENNEL, RED CABBAGE, APPLE, TOASTED SPICED NUTS, PARSLEY, LEAF AND TAHINI DRESSING.

PICKLED BEET SALAD (VEG+).....**£9.50**

MIXED PICKLED AND FRESH BEETS, TOMATO, SHAVED FENNEL, CUCUMBER, CARROT, BASIL, LEAF AND LEMON DRESSING.

ADD YOUR FAVOURITE TOPPING:

ROOT VEG BALLS (VEG), BOMBAY BALLS (VEG), OR MEXICAN CRUMBED MUSHROOM (VEG),